

18th March 2020

Re: Coronavirus COVID-19 and School Closure

Dear Parents and Carers,

As you may well be aware, the government has advised that all schools in England must close on Friday 20th March. The school has been preparing for this situation over the last few weeks and you should be assured we will do our best to maintain our pastoral and educational efforts for our students.

You will be able to find up to date information via our school website: www.westminsterUTC.co.uk. Please check this regularly.

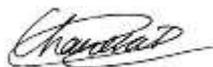
I would like to stress that **if you have not been receiving both e-mail and text messages from the school and believe therefore, we do not have up to date contact information, please contact enquiries@westminsterUTC.ac.uk as soon as possible. You can also update your information through the “coronavirus information” page on the school website.**

Information is provided overleaf about expectations of students from Monday 23rd March. Please read this carefully and support your child in completing the required tasks. This information is predicated on students having regular access to the internet. **If you are unable to provide regular internet access for your child, please contact us on 020 3301 7660.**

School will continue to operate as normal until 1:00pm on Friday 20th March when we will close. The school will be closing at this time to allow staff time to finalise plans for the coming weeks. Lunch will be provided to students from 12:00pm on Friday 20th to ensure any students who entitled to Free School Meals can get their full entitlement this week. Plans to provide Free School Meals beyond this are being drawn up.

I wish you the best at this difficult time and assure you that we will continue to support your children in any way we can.

Best regards,



Mr. Chandrakumar
Headteacher

Supporting your child working from home – Monday 23rd March onwards

All subjects have created folders for work, and students will have access to this website to download the work.

<https://westminsterutc.sharepoint.com/sites/WestminsterUTC>

Work will be published by Monday for the week ahead in all subjects and for all year groups.

Expectations:

- Students are expected to spend the same amount of time on each subject as they would at school. For example if they have 3 lessons of Geography (3 Hours) then the work set will take this amount of time also.
- Students will be able to email their teachers any questions they may have about their work. Staff will respond within the normal school working hours and within 24 hours of the email being sent. If a response is not given due to ill health then parents can email Heads of Departments or members of the Senior Leadership Team.

We strongly encourage students to remember to carry out other activities at home as well:

- Where possible can there be some daily exercise? (see next page)
- Reading - Spend at least 30 minutes a day reading your book.
- Enterprise - how can our core values as a school still be demonstrated? Take a look at the Amnesty International website: <https://www.amnesty.org.uk/>
- Make sure you look after you and your students mental health and wellbeing. There is lots of helpful advice here: <https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>

What could you ask your child about their work?

- What work have you been set that needs to be completed this week?
- Can you show me what you need to do?
- Do you have a list of everything you need to revise for this topic? Can you show me?
- Is there a 'best' way to revise this topic?
- How will you memorise these things for your next exam?
- Are there some questions I can ask you to help test your knowledge?
- What do these questions look like in the GCSE/A-Level?
- Are there practice exam questions you can complete for this topic? How much time should you spend on them? Shall I time you?
- Is there a revision guide to support this revision? Do you have it?



MATRIX

workout

"I KNOW KUNG FU"



20 side lunges



40 high knees



10 fast drop squats



40sec one leg stand



20 forward leg raises



20 planks w/ rotations

sets level I 3 sets level II 5 sets level III 10 sets **rest between sets** up to 2 minutes

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